

February 2019

## ECHO LAKE NEIGHBORHOOD ASSOCIATION

Meeting - Tuesday, February 19, 7:00 - 9:00 p.m.

Shoreline City Hall, Room 303

17500 Midvale Ave N, Shoreline WA 98133

*Parking available in two-level garage; entrance on north side of complex.*

## ARE YOU PREPARED? ECHO LAKE PARK

Are you prepared for an emergency or disaster? Have you been thinking about putting an emergency kit together? **Jason McMillan, Emergency Manager for the City of Shoreline**, will be joining us on February 19<sup>th</sup>. He will be informing us about the Map Your Neighborhood program; how we and our neighbors can be prepared at home, work and in our vehicles; and how the city is prepared for emergencies and disasters. The Auxiliary Communications Service (ACS), a volunteer group of ham operators, is utilized by the City when normal communications are out of commission. Severe weather can cause problems too, such as downed power lines. The National Weather Service has recognized the City of Shoreline as being StormReady. Community Emergency Response Team (CERT) training is available, which can provide volunteer disaster help. Come to hear about these valuable programs.

In addition, **Eric Friedli, Director of Parks, Recreation and Cultural Services**, would like to discuss alternatives for the restroom at Echo Lake Park, following fire damage to the existing building last year. We are very pleased that Eric would like our input in the planning process.

### JANUARY ROUND TABLE MEETING RECAP

Thank you to all who attended the January ELNA meeting. Volunteers were recognized for their contributions, and Board elections took place. Last year's Board will continue to serve: Diane Finafrock, Cathy Goodrich, Diane Hettrick, Dale Lydin, Jeanne Monger, Jay Sundahl, Gidget Terpstra and Marla Tullio. Our eight-member Board will be working as a team as in the past, with Diane Hettrick continuing as the Contact Chair for communication and also serving as Secretary, and Dale Lydin will remain as Treasurer for the Association.

Neighbors engaged in a Round Table discussion with valuable input exchanged regarding the successes and concerns in our neighborhood. Conversation is in progress for a cleanup project and open space near N 192<sup>nd</sup> and the Interurban Trail. Concerns included maintaining the water quality at Echo Lake, problems with trash in the area of Echo Lake, and retaining the stadium and soccer fields at the Shoreline Center. Topic ideas for future meetings were shared as well.

We are always looking for more participation by Echo Lake neighbors. Please invite your neighbors to join us.

### OUR MISSION STATEMENT

Our mission is to build community by providing a forum for sharing information, connecting neighbors, promoting activities, and fostering civic involvement in our diverse community.

### YOGA AT THE SENIOR CENTER

If you are available during the day, there are wonderful exercise classes at the Shoreline – Lake Forest Park Senior Center.

The classes are “gentle” – designed for older citizens – but they work equally well for people who are out of shape and want to ease into a routine. They are also good if you do not want to exercise with people who are already in shape. There are all different physical types and abilities at the Senior Center and no body-shaming.

You do not need to be any particular age. You don't have to be a member – but membership pays for itself very quickly with reduced class fees.

Yoga is taught at beginning and all levels, plus a chair yoga class. Tai Chi classes start with an introductory class which leads to an all levels class. There is a special Tai Chi class for participants with arthritis.

The Senior Center is conveniently located in the Echo Lake Neighborhood in the southernmost building of the Shoreline Center campus, facing NE 185<sup>th</sup> St.

A year's membership is \$35 for a single and \$60 for a couple. For more information, call the Senior Center at (206) 365-1536.

## Mark Your Calendar

Day	Date	Time	Event	Location
Tues	Feb 19	7:00 – 9:00 pm	ELNA Meeting – Are You Prepared? @ Echo Lake Park	Shoreline City Hall Room 303
Tues	Mar 19	7:00 – 9:00 pm	ELNA Meeting	Shoreline City Hall Room 303
Tues	Apr 16	7:00 – 9:00 pm	ELNA Meeting	Shoreline City Hall Room 303
Sat	Apr TBD	10:00 am – 1:00 pm	Springtime Work Party at the Densmore Pathway - help neighbors spruce up the Pathway for Earth Day	Meet at N 188 <sup>th</sup> Street & Densmore Ave N
Tues	May 21	7:00 – 9:00 pm	ELNA Meeting	Shoreline City Hall Room 303



Community Services Division  
 17500 Midvale Avenue North  
 Shoreline, WA 98133

PRSR STD  
 US POSTAGE  
 PAID  
 SEATTLE, WA  
 PERMIT NO. 248

Echo Lake Neighborhood  
 Association Meeting  
 Tuesday 2/19/2019 7 - 9 pm  
 Shoreline City Hall, Room 303

**Website:** [www.echolakeneighborhood.org](http://www.echolakeneighborhood.org)  
**Email address:** [elnaboard@gmail](mailto:elnaboard@gmail.com)  
**Facebook:** Echo Lake Neighborhood  
**ELNA Phone:** (206) 486-5712